

2012 AAU Wrestling Freestyle and Greco-Roman Age Groups & Weight Divisions

DIVISION	Tots	Bantam	Midget	Novice	Schoolboy/Girl	Cadet *	Elite*	Senior
BIRTHDATES	Born 2006 and later 6 & Under (state level programs only)	Born 2004–2005 7 & 8 (state level programs only)	Born 2002–2003 9 & 10	Born 2000–2001 11 & 12	Born 1998–1999 13 & 14	Born 1996–1997 15 & 16	Born 9/1/93 & after (must be enrolled in grades 9-12) (other rules apply)	Born Out of High School
MATCH TIME LIMITS	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods
# / WEIGHTS	6	11	15	15 plus	18	17	15	7 / 7
WEIGHT CLASSES	35 40 45 50 55 HWT	40 45 50 55 60 65 70 75 80 90 HWT	50 55 60 65 70 75 80 90 95 103 112 120 130 HWT	60 65 70 75 80 85 90 100 105 112 120 130 140 HWT	70 75 80 85 90 95 100 110 115 120 125 130 140 150 160 180 HWT	84 91 98 106 113 120 126 132 138 145 152 160 170 182 195 220 285	98 106 113 120 126 132 138 145 152 160 170 182 195 220 285	125 133 141 149 157 165 174 185 197 HWT
	15 lb. Max. difference (Flyweight competes within state and not at region level)	15 lb. Max. difference (Bantam competes within state and not at region level)	20 lb. Max. difference	25 lb. Max. difference	30 lb. Max. difference			

* FILA weights/ages differ ** medical certificate required to participate *** And the athlete's class must have graduated from high school

Source: UtahWrestling.org - 2/1/12