

# Fremont Wrestling Club Tournament 2011



2011 FWC tournament will be held on Saturday Dec 3<sup>rd</sup> 2011 @ Fremont High School, 1900 N. 4700 W. Plain City, Utah  
([Click for Map](#))

This is a sanctioned USA Wrestling Folk-style tournament event and as such will require the following.

- **Pre-registration Only**, through  
<http://www.trackwrestling.com/registration/BasicPreReg1.jsp?tournamentGroupId=16186009>
- **Registration closes 5:00 pm Thursday Dec 1<sup>st</sup>.**
- **Club weigh-ins only, Weights need to be entered into trackwrestling by each coach (like we do for Freestyle) before 11:00 p.m. Thursday Dec 1<sup>st</sup>.** Any late registration done the morning of the tournament will cost \$15.00 If you do not have a place to weigh-in you can weigh-in at Fremont High on Thursday night 12/1/11 from 6:00-8:00 pm
- **Entry Fee \$10.00**

Regular USA Wrestling card **OR** USA Folk-style Athlete Membership (\$15.00 folk-style card) will be required.

Here is a link to the USA Utah Website <http://www.wrestleutah.com/memberships/league-card/> where you can purchase a card.

Based on the survey we are going to change our format and run all matches as 4-man Round Robins to try and give all wrestlers 3 matches. We will however have a beginner and advanced level in the 4-9 grade divisions.

**Grades 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> – 9<sup>th</sup> Beginner** (Must check beginner on Trackwrestling and must truly be a beginning wrestler) will be wrestled on one end of the gym while **Grades 4<sup>th</sup>- 6<sup>th</sup> and 7<sup>th</sup> – 9<sup>th</sup> Advanced** will be wrestled on the other end. It is a coach's responsibility to make sure that their wrestlers get signed up with the appropriate level. We cannot police that.

Projected schedule: **(Subject to change based on numbers, 700 projected, please arrive at least 45 minutes early!)**

Small Gym: 2 mats cut into 8 (times are tentative) Pre K / Kindergarten 9:00 a.m. 1 <sup>st</sup> Grade 10:00 a.m. 2 <sup>nd</sup> Grade 11:00 a.m. 3 <sup>rd</sup> Grade 12:00 a.m.	Large Gym: 3 mats cut into 12 Grades 4-6 both beginner and advanced. 9:00 a.m. Grades 7-9 both beginner and advanced. 10:30 a.m.
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We will use the following weights per USA Wrestling Utah agreement.

**4<sup>th</sup> -6<sup>th</sup> Grade:** 55,60,65,70,75,80,85,90,95,100,105,115,125,145,145+

**7<sup>th</sup> – 9<sup>th</sup> Grade:** 75,80,85,90,95,100,105,110,115,120,125,130,135,142,150,160,175,190,210,285

There will be a complete concession stand and we will have a trainer on site.

Any questions contact Shane Denton @ 801-698-6132 or [sdenton@wsd.net](mailto:sdenton@wsd.net) or Cody Storey @ 801-644-6407 or [cstorey@wsd.net](mailto:cstorey@wsd.net)