Mountain View 3-Style Wrestling Tournament

Where: Mountain View High School

665 West Center Street Orem, Utah

(801) 227-2400

When: Friday March 21st Greco Tournament

Saturday March 22nd Freestyle & Folkstyle Tournament

Who: USA wrestling members (USA Full athlete card is required and must be purchased online)

Styles: Greco (Friday), Freestyle & Folkstyle (Saturday)

Registration Pre-Registration Only: www.trackwrestling.com or www.wrestleutah.com

Pre-register before 4:30 pm MST on Thursday (3/20)

Cost: \$12 (register online) Greco

\$12 (register online) Freestyle \$12 (register online) Folkstyle

***Note if an athlete decides to do all 3 styles, the 3rd style is free

Weigh-ins: FRIDAY Greco

Weigh-ins will be in remote locations and will be hosted by chartered clubs (see www.wrestleutah.com for

a complete list).

Each club hosting a weigh-in site will be responsible for posting the weigh in time for their site.

Weigh-in at Mountain View High School in the wrestling room from 6:00-7:00PM Thursday March 20

There will be no pre-determined weights.

Format: We will use round robin and line bracket format

Wrestlers will be put into groups based upon their weight, division & skill level

Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete.

Required: Red and blue singlet, Headgear for all (flyweight, bantam, midget, novice, schoolboy).

Food: Concessions will be available both days.

Schedule: FRIDAY (Greco)

5:30-5:45pm Coaches meeting & Officials Meeting

Session I 6:00-7:30pm Tournament: Fly, Bantam, Intermediate & Schoolboy Session II 7:30- conclusion Tournament: Novice, Cadet, Junior, & Senior

SATURDAY

8:00-8:15am Coaches Meeting, Rules Clinic, & Officials Meeting

Session 3: 8:30-11:00am Freestyle/Folkstyle: Fly, Bantam, Intermediate, Schoolboy

Session 4: 11:00- Conclusion Freestyle/Folkstyle: Novice, Cadet, Jr. & Open

We will start Freestyle and go immediately into the Folkstyle in each of the sessions when mats open up so

make sure you are there at the beginning of the appropriate session

Contact: Contact Chad Blevins at Mountain View High School with any additional questions:

chdblevins@gmail.com