

# ***Bountiful Wrestling Club***

## ***Tournament (k-9<sup>th</sup>)***



*Bountiful High School 695 S. Orchard Dr. Bountiful, Utah 84010*

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## **December 10, 2011**

- **Pre-Registration Only:** [www.trackwrestling.com](http://www.trackwrestling.com) limited to 500 participants. **Registration closes 11:00 PM Thursday December 8<sup>th</sup>.** Entry fee is \$10.
- This is a *USA Wrestling sanctioned event*. You must have a USA Wrestling card (either \$15 or \$40 memberships). If you don't have one, you can get one at: <http://www.wrestleutah.com/memberships/league-card/>
- **Home weigh-ins need to be sent to [mrriplinger@dsdmail.net](mailto:mrriplinger@dsdmail.net) by 11:00 PM December 8<sup>th</sup>.** There will be no onsite weigh-ins. If you do not have a place to weigh-in you can weigh-in at Bountiful High on Thursday night from 6:30 PM to 7:30 PM.
- Group of 4 wrestlers, round robin format (one group will go to a mat and wrestle at the mat. Medals will be awarded at the score table.
- We want to separate advanced wrestlers from beginners (Beginners are for 1<sup>st</sup> or 2<sup>nd</sup> year wrestlers). If you are a beginner, you must check beginner on Trackwrestling and must truly be a beginning wrestler. It is a coach's responsibility to make sure their wrestlers get signed up with the appropriate level.
- Projected Schedule (times are tentative. Please be here 45 minutes early to the projected start time. If we are ahead of schedule, we will immediately move to the next grade.

**Large Gym:** 3 mats split in three (9 mats)

PK/K 9:00 AM

1<sup>st</sup> Grade 10:00 AM

2<sup>nd</sup> Grade 11:00 AM

3<sup>rd</sup> Grade 12:00 AM

**Small Gym:** 3 mats split in half (6 mats)

Grades 4-6 9:00 AM

Grades 7-9 10:30

### **Weights:**

Middle School (4-6<sup>th</sup> grade): 55,60,65,70,75,80,85,90,95,100,105,115,125,145,145+

Junior High (7-9<sup>th</sup> grade): 75,80,85,90,95,100,105,110,115,120,125,130,135,142,150,160,175,190,210,285