

# Utah Northern State Championships

Friday, January 30<sup>th</sup> (Middle School State) & Saturday, January 31<sup>st</sup> (Junior High State)  
Alta High School  
11055 South Hawk Highway (1000 east)  
Sandy, Utah

## Registration

Trackwrestling.com – deadline Jan. 29 @ noon - Fee: \$17

**Register before January 25<sup>th</sup> to get your name on the back of the tournament shirts**

\*There will be a 1st/2<sup>nd</sup> & 3<sup>rd</sup>/4<sup>th</sup> grade festival on Friday night

## Weigh-ins

January 29<sup>th</sup>, 6pm-8pm @ USA Wrestling Utah Chartered Clubs (see trackwrestling for a complete list)  
(must be approved to host a weigh-in site, email [jeffreynewby@wrestleutah.com](mailto:jeffreynewby@wrestleutah.com) to get approved)

## Membership

Must have USA Card (no 3<sup>rd</sup> graders allowed in the 4<sup>th</sup>-6<sup>th</sup> or 7<sup>th</sup>-9<sup>th</sup> grade divisions)

\*Double bracketing is not allowed. 4<sup>th</sup>-6<sup>th</sup> graders are allowed to wrestle in the Junior High Division but they can not wrestle in both the Middle School & Junior High Divisions

## Schedule of Events for Middle School State - Friday January 30<sup>th</sup>

8:30am-9:00am	Middle School & JH seeding meeting (to attend you must have USA Coaches Card)
10:30am-10:45am	Coaches & Officials Meeting
11:00am-1:00pm	Session 1: 60lbs-90lbs brackets only
1:00pm-5:00pm	Session 2: All weights will begin/continue and run through placement matches
5:00pm-5:15pm	Set up & warm up for finals
5:15pm-6:00pm	Session 3: Middle School Northern State Championship finals (2 mats) *finals will begin earlier if we are ahead of schedule
6:00pm-9:00pm	1 <sup>st</sup> -4 <sup>th</sup> grade State Festival

## Schedule of Events for Junior High State - Saturday January 31<sup>st</sup>

8:00am-8:15am	Coaches & Officials Meeting
8:30am-11:00am	Session 1: 90lb-135lb brackets only
11:00am-4:15pm	Session 2: All weights will begin/continue & run through placement matches
4:15pm-4:30pm	Set up & warm up for finals
4:30pm-5:30pm	Session 3: Junior High State Championship finals (2 mats) *finals will begin earlier if we are ahead of schedule

## Weight Classes

4<sup>th</sup>-6<sup>th</sup> grade - 55,60,65,70,75,80,85,90,95,100,105,115,125,145,145+

7<sup>th</sup>-9<sup>th</sup> grade - 75,80,85,90,94,98,102,106,110,115,120,125,130,135,142,150,160,180,200,285

## Period length

Championship: 1.5-1.5-1.5 / Consolation: 1.5-1-1

## Awards

Medals for top 6 & 2 MOW Awards for each division & Championship T-shirt for the Champion

Team awards for top 2 teams in the Middle School division & top 2 club teams & top 2 Junior High teams in the Junior High division

Pre-purchase your Tournament T-Shirt for \$16, sold onsite for \$20

Concessions will be available

Admission: \$5 for Adult & Student, 4 & under free, (Coaches with USA Card get in free)

**Coaches must have USA Coaches Card to attend coaches/seeding meeting.**