

# Utah Northern State Championships

Friday, January 29<sup>th</sup> (Middle School State) & Saturday, January 30<sup>th</sup> (Junior High State)

Bingham High School

2160 10400 S

South Jordan, Utah 84095

## Registration

Trackwrestling.com – deadline Jan. 28 @ noon - Fee: \$18

**Register by January 24<sup>th</sup> to get your name on the back of the tournament shirts**

\*There will be a 1st/2<sup>nd</sup> & 3<sup>rd</sup>/4<sup>th</sup> grade festival on Friday night

## Weigh-ins

January 28<sup>th</sup>, 4pm-7pm @ USA Wrestling Utah Chartered Clubs (see trackwrestling for a complete list)

(must be approved to host a weigh-in site, email [jeffreynewby@wrestleutah.com](mailto:jeffreynewby@wrestleutah.com) to get approved)

## Membership

Must have USA Card (no 3<sup>rd</sup> graders allowed in the 4<sup>th</sup>-6<sup>th</sup> or 7<sup>th</sup>-9<sup>th</sup> grade divisions)

\*Double bracketing is not allowed. 4<sup>th</sup>-6<sup>th</sup> graders are allowed to wrestle in the Junior High Division but they can not wrestle in both the Middle School & Junior High Divisions

## Schedule of Events for Middle School State (4<sup>th</sup>-6<sup>th</sup> grade) - Friday January 29<sup>th</sup>

8:30am-9:00am Middle School & JH seeding meeting (to attend you must have USA Coaches Card)

10:30am-12:30pm Session 1: 60lbs-92lbs brackets only

12:30pm-4:30pm Session 2: All weights will begin/continue and run through placement matches

4:30pm-5:30pm Session 3: Middle School Northern State Championship finals (2 mats)

\*finals will begin earlier if we are ahead of schedule

6:00pm-7:15pm 2<sup>nd</sup> & 3<sup>rd</sup> grade state festival

7:15pm-8:30pm K & 1<sup>st</sup> grade state festival

## Schedule of Events for Junior High State (7<sup>th</sup>-9<sup>th</sup> grade) - Saturday January 30<sup>th</sup>

8:30am-10:30am Session 1: 84lbs-116lbs brackets only

10:30am-12:30pm Session 2: 120lbs-142lbs brackets begin

12:30pm-4:00pm Session 2: All weights will begin/continue & run through placement matches

4:00pm-5:30pm Session 3: Junior High State Championship finals (2 mats)

\*finals will begin earlier if we are ahead of schedule

## Weight Classes

4<sup>th</sup>-6<sup>th</sup> grade - 55,60,64,68,72,76,80,84,88,92,96,100,105,115,125,145,145+

7<sup>th</sup>-9<sup>th</sup> grade - 75,80,84,88,92,96,100,104,108,112,116,120,125,130,135,142,150,160,175,190,210,285

## Period length

Championship: 1.5-1.5-1.5 / Consolation: 1.5-1-1

## Awards

Medals for top 6 & 2 MOW Awards for each division

Team awards for top 2 teams in the Middle School division

Team awards for top 2 club teams & top 2 Junior High teams in the Junior High division

## Tournament shirts will be sold onsite only

Concessions will be available

Admission: \$5 for Adult & Student, 4 & under free, (Coaches with USA Card get in free)

**Coaches must have USA Coaches Card to attend coaches/seeding meeting.**