

Juab Greco/Freestyle/Folkstyle Tournament

Friday, March 6th & Saturday, March 7th
Juab High School
802 N 650 E
Nephi, Utah

Pre-Registration Only: www.trackwrestling.com or www.wrestleutah.com

-Must Pre-register before 4:30 pm MST on Thursday March 5th.

-Must have current USA Full Athlete Card (can purchase at <http://www.usawmembership.com/>)

Cost: \$12 for any 1 style
\$24 for any 2 styles
\$24 for all 3 styles (3rd style is free)

Weigh-ins: Weigh-ins will be in remote locations and will be hosted by Chartered Clubs. Each club hosting a weigh in site will be responsible for posting the weigh in time (at least a half an hour segment between 3pm and 8:00pm on Thursday night).

Tournament Format: We will use round robins style bracketing and/or line bracket format. Wrestlers will be placed in groups based on weight, age and skill level. Each group will be assigned to a mat for the tournament. The brackets and mats will change for each of the different styles. We will use staggered start times.

Match/Period Times:

Greco: Two 3 min periods for cadet & Junior, all others are two 2 min periods

Freestyle: Two 3 min periods for cadet & Junior, all others are two 2 min periods

Folkstyle: Fly, Bantam, Intermediate 1-1-1 Novice & Schoolboy 1.5-1.5-1.5 Cadet & Juniors 2-2-2

TOURNAMENT SCHEDULE

Friday – Greco

5:30pm-5:45pm Coaches Meeting, Officials Meeting & Rules Clinic
6:00pm-6:30pm Greco (Fly, Bantam, & Intermediate)
6:30pm-7:30pm Greco (Novice & Schoolboy)
7:30pm-Conclusion Greco (Cadet, Junior & Open)

Saturday

8:00am Coaches Meeting, Officials Meeting & Rules Clinic
8:30am Intermediate freestyle
8:55am Novice freestyle
9:20am Intermediate folkstyle
9:50am Novice folkstyle
10:15am Schoolboy freestyle
10:35am Fly, bantam, girls freestyle
10:55am Schoolboy folkstyle
11:20am Fly & bantam folkstyle
11:40am Cadet & Junior freestyle
12:45pm Cadet & Junior folkstyle

*Please make sure you are at least 15 minutes early to your session as we will start right away.

Tournament Director: Trint Richins
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