

Bear River Freestyle/Greco/Folkstyle Tournament

Friday April 3rd and Saturday April 4th
Bear River High School
1450 South Main Street, Garland, Utah 84312

Pre-Registration Only: www.trackwrestling.com or www.wrestleutah.com

-Must Pre-Register before 4:30 pm MST on Thursday April 2nd.

-Must have current USA Full Athlete Card (can be purchased at <http://www.usawmembership.com/>)

Cost: \$12 for any 1 style
\$24 for any 2 styles
\$24 for all 3 styles (3rd style is free)

New this year:

- New this year we have added a “Girls only” division to the Freestyle portion of our tournaments.
- All of our Spring Season tournament schedules will be the same. The schedule has been designed to get you in and out of the tournament in about 2 hours if you wrestle both Freestyle and Folkstyle, and in less than 1 hour if you only wrestle 1 style.

Weigh-ins: You will enter your weight as you register so you need to know your weight when you register.

Tournament Format: We will use round robin style bracketing and/or line bracket format. Wrestlers will be placed in groups based on weight, age and skill level. Each group will be assigned to a mat for the tournament. The brackets and mats will change for each of the different styles. We will use staggered start times.

Match/Period Times:

Greco: Two 3 min periods for Cadet & Junior, all others are two 2 min periods
Freestyle: Two 3 min periods for Cadet & Junior, all others are two 2 min periods
Folkstyle: Fly, Bantam, Intermediate 1-1-1, Novice & School boy 1.5-1.5-1.5, Cadet & Juniors 2-2-2

TOURNAMENT SCHEDULE

Friday-Greco

5:30pm-5:45pm Coaches Meeting, Officials Meeting & Rules Clinic
6:00pm-6:30pm Greco (Fly, Bantam, & Intermediate) (Born 2005-2012)

6:30pm-7:30pm	Greco (Novice & Schoolboy)	(Born 2001-2005)
7:30-Conclusionion	Greco (Cadet & Junior)	(Born 1995-2001)

Saturday

8:00am	Coaches Meeting, Officials Meeting & Rules Clinic
8:30am-9:15am	Intermediate & Novice Freestyle, and all Girls divisions
9:15am-10:00am	Fly, Bantam & Schoolboy Freestyle
10:00am- 10:45am	Intermediate & Novice Folkstyle
10:45am-11:45am	Fly, Bantam & Schoolboy Folkstyle
12:00pm-1:00pm	Cadet & Junior Freestyle
1:00pm-2:00pm	Cadet & Junior Folkstyle

*Please make sure you are at least 15 minutes early to your session as we will start right away

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