



# AAU FRIENDS OF COAL POWER NATIONALS NOVEMBER 27 & 28

**OPEN TOURNAMENT - NO PRE-QUALIFYING REQUIRED**

**Tournament Information for Athletes and Coaches**

\* **ENTRY FEE IS \$40.00.** No personal checks. Cashiers check or money orders only. **Pre-registration ONLY.** Entries **MUST** be postmarked by **November 20, 2009.** No Walk-ins. All participating Wrestlers receive a AAU Wrestling T-Shirt. We are placing 1<sup>st</sup>-4<sup>th</sup> place in each age and weight division. Champions will receive Championship t-Shirt.

\* Make cashiers check or money order payable to: National Wrestling Promotions, Inc.

\* Event is being held at the Raleigh County Convention Center located at 200 Armory Drive, Beckley, WV 25801. Click here for directions:

[www.raleighcoarmory.com](http://www.raleighcoarmory.com)

\* Mail all forms to: National Wrestling Promotions, Inc. 287 Country Roads Estates, Shady Spring, WV 25918

\* Weight **MUST** be declared on the entry form. Weigh ins located at the Tournament Headquarters, The Resort at Glade Springs. Click here for Directions to weigh ins: [www.gladesprings.com](http://www.gladesprings.com)

All wrestlers must have a current AAU membership card to participate. Membership cards may be purchased at [www.aausports.org](http://www.aausports.org) or at weigh-ins. Coaches with current AAU membership cards will be allowed entry into the Tournament and welcome to the Hospitality room for \$15.00.

**IMPORTANT INFORMATION**

Wrestlers are expected to make their pre-registered weight class. If you do not make your pre-registered weight class, you may pay a "second chance" registration fee of \$35.00. You will be added to the bracket only if there is a "Bye" or a "No Show". If we are unable to re-bracket you, your re-bracket penalty fee will be refunded. The Bracketing Director reserves the right to refuse re-bracketing changes if they are a hindrance to the tournament start times. We are giving wrestlers a "second chance" to wrestle, and it is a benefit to those wrestlers who may have traveled and not made the pre-registered weight. **The tournament committee encourages all WRESTLERS to MAKE THEIR DECLARED WEIGHT.**

\* You **MUST** wear a singlet to weigh in.

\* Medals will be awarded to the top 4 placers. 1<sup>st</sup> place winners in each age division & weight class will get a champion T-Shirt.

\* Once entry has been processed - there are **no** refunds. Tournament committee is not responsible for entries lost in the mail.

\* If there are excessive entries, tournament officials reserve the right to adjust bout times and rest periods in consolation rounds.

\* National High School Federation Rules apply except as noted.

**Match Duration**

\* Tots, Bantam, Midget, Novice and Masters Divisions will wrestle three - one and 1/2 minute periods [Championship rounds].

\* Schoolboy, Cadet, Elite and Senior Divisions will wrestle three - two minute periods [Championship rounds].

\* Rest time between bouts is a minimum of 15 minutes.

**ADMISSION**

Adults	\$10.00	
Children [under 12]	\$5.00	

# SCHEDULE

Friday	November 27	2:00 pm - 9:00 pm	Weigh-ins for all divisions. Weigh-ins will be held at The Resort at Glade Springs. For directions click: <a href="http://www.gladesprings.com">www.gladesprings.com</a>
Saturday	November 28	8:00 am	Doors open for wrestlers and spectators
Saturday	November 28	8:10 am	Rob Waller's All American
Saturday	November 28	9:10 am	Wrestling begins following clinic

**\*\*\*THIS TOURNAMENT IS A PARTICIPATION QUALIFIER FOR THE 2010 AAU GRAND NATIONALS\*\*\***

The 2010 AAU Grand Nationals

\*Participation in the AAU Friends of Coal Power Nationals automatically qualifies you to wrestle in the 2010 AAU GRAND NATIONALS. This **Tournament** is also a place qualifier for the **Tournament of Champions (TOC)**. The top 4 place finishers in each weight and age division will qualify to wrestle in the **Tournament of Champions in Ohio April 25, 2010**.

The birth year shall determine the individual's eligibility for specific competition. Proof of age shall be a machine photocopy of the original birth record issued by county, state, or federal government, photocopy of original driver's license. **Do not send originals.** Tournament Committee will not be responsible for the return of any documents. There is no separate division for male and female participants.

<b>Tot Division</b>	2004/after	35-40-45-50-55-Hwt
<b>Bantam Division</b>	2003/2002	40-45-50-55-60-65-70-75-80-90-Hwt
<b>Midget Division</b>	2001/2000	50-55-60-65-70-75-80-85-90-95-103-112-120-130-Hwt
<b>Novice Division</b>	1999/1998	60-65-70-75-80-85-90-95-100-105-112-120-130-140-Hwt
<b>Schoolboy Division</b>	1997/1996	70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-Hwt
<b>Cadet Division</b>	1995/1994	84-91-98-103-112-119-125-130-135-140-145-152-160-171-189-215-285
<b>Elite Division</b>	1993/1992/1991*	98-103-112-119-125-130-135-140-145-152-160-171-189-215-285
<b>*For Elite Division</b>	-birth year 1991	Wrestler must be born in 1989, still in high school and provide proof, otherwise wrestler is in Senior Division
<b>Senior Division</b>	1990/1980	125-133-141-149-157-165-174-185-197-Hwt
<b><u>Masters Division</u></b>	<b><u>1979/before</u></b>	<b><u>125-133-141-149-157-165-174-185-197-215-Hwt</u></b>

## HOTEL EVENT SPONSORS\*

\*Parents, Wrestlers and Coaches please support the following hotels; they are the preferred hotel of the AAU FRIENDS OF COAL POWER NATIONALS and are supporting this event. Please choose them first if it all possible.

### The Resort at Glade Springs

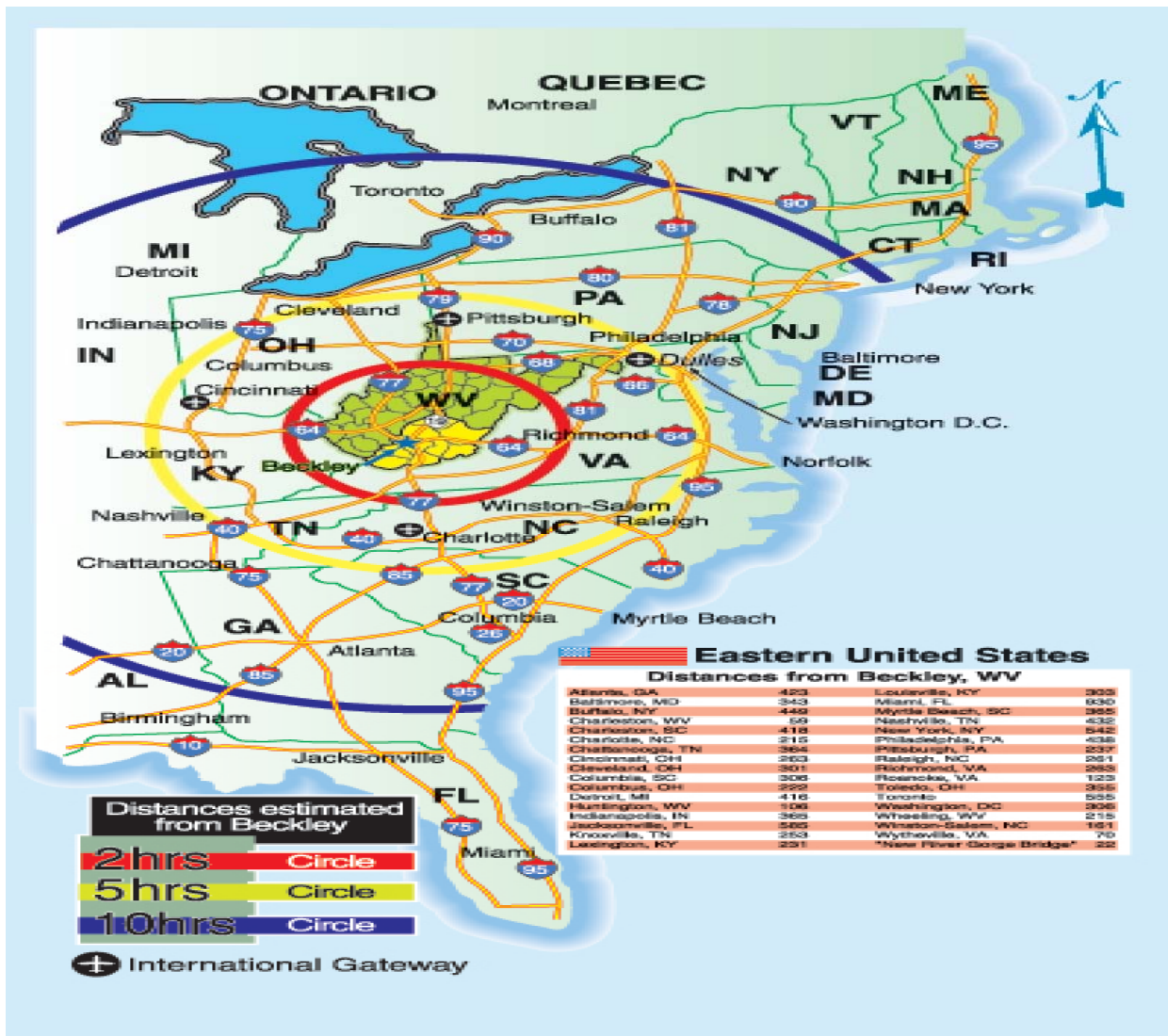
#### selected as Tournament Headquarters

Located less than a ten-minute drive to the Raleigh County Convention Center, The Resort at Glade Springs has been selected to serve as the official tournament headquarters hotel facility and the location for the weigh-ins on Saturday, November 23. In addition to sleeping room accommodations, the Resort offers a variety of sporting amenities and dining options including two championship golf courses, a 10-lane bowling center, indoor pool, cinema room, video arcade and full-service spa. For casual dining, there is Bunkers Sports Bar, Small Talk Café and the Rotunda Restaurant. For fine dining, Glade's Grill will be available at the Golf Clubhouse. The Resort at Glade Springs is offering a highly-discounted room rate of \$99 per night for all tournament participants, family and guests. To book your stay, please call toll-free **866-976-4382**. For more information about The Resort at Glade Springs please view their website at [www.gladesprings.com](http://www.gladesprings.com) \*There is an additional \$9.90 charge per night which includes use of high-speed internet access, use of the fitness center, indoor pool, movie cinema, shuttle transportation throughout the resort and gratuities for housekeeping attendants and shuttle drivers.



The Resort at Glade Springs  
255 Resort Drive  
Daniels, WV 25832

Toll Free Reservations: 866-976-4382 [www.gladesprings.com](http://www.gladesprings.com)



**EASTERN UNITED STATES**  
distances from Beckley, WV

Atlanta, GA	423	Louisville, KY	303
Baltimore, MD	343	Miami, FL	930
Buffalo, NY	449	Myrtle Beach, SC	365
Charleston, WV	59	Nashville, TN	432
Charleston, SC	418	New York, NY	542
Charlotte, NC	215	Philadelphia, PA	438
Chattanooga, TN	364	Pittsburgh, PA	237
Cincinnati, OH	263	Raleigh, NC	261

Cleveland, OH	301	Richmond, VA	263
Columbia, SC	306	Roanoke, VA	123
Columbus, OH	222	Toledo, OH	355
Detriot, MI	416	Toronto	555
Huntington, WV	106	Washington, DC	306
Indianapolis, IN	365	Wheeling, WV	215
Jacksonville, FL	585	Winston-Salem, NC	161
Knoxville, TN	253	Wytheville, VA	70
Lexington, KY	231	"New River Gorge Bridge"	22

**FOR MORE INFORMATION ON AAU WRESTLING OR TO PURCHASE AAU MEMBERSHIP'S PLEASE CLICK THE LINK BELOW:**



[www.wvaauwrestling.org](http://www.wvaauwrestling.org)

**For further information, please contact:**

**WVAAU Wrestling Director**

**Jamison Humphrey**

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PROUD TOURNAMENT SUPPORTER:





