



**SIMPSON COLLEGE
INDIANOLA, IOWA
APRIL 18 & 19, 2009**

...where the path begins

MIDDLE SCHOOL NATIONAL DUALS

WHO WILL BE THE 2009 #1 MIDDLE SCHOOL TEAM IN THE NATION?
IN 2008 TEAM JORDAN RECAPTURED THE HONORS. CAN THE JORDAN'S TEAM SURVIVE THE 2009 CHALLENGE? WHO WILL SURVIVE THE 2009 BATTLE? START PLANNING NOW TO BRING YOUR AAU DISTRICT/STATE ALL-STAR TEAM TO THIS OUTSTANDING TOURNAMENT. EACH TEAM WILL BE GUARANTEED 7 DUALS.

WHEN: APRIL 18 & 19, 2009 WEIGH IN FRIDAY APRIL 17, 2009 5:00 TO 8:00 PM

WHERE: SIMPSON COLLEGE INDIANOLA, IOWA (15 MILES SOUTH OF DES MOINES)

WHO: MEMBERS OF ANY WRESTLING ORGANIZATION CURRENTLY ENROLLED IN 6TH THROUGH 8TH GRADE. MAXIMUM AGE 15 (IF YOU TURN 16 IN 2009 YOU'RE INELIGIBLE). AAU CARD AND COPY OF BIRTH CERTIFICATE REQUIRED AT WEIGH IN. AAU CARDS CAN BE PURCHASED AT WEIGH IN FOR \$12.00.
TEAMS WILL BE ALLOWED UP TO 3 WRESTLERS FROM ADJOINING AAU DISTRICT. PLEASE CONTACT KAREN WILSON AT kwilson424@yahoo.com FOR APPROVAL OF ANY WRESTLERS IN THIS CATEGORY TO MAKE SURE THEY MEET GUIDELINES. ALL OUT OF AAU DISTRICT WRESTLERS MUST BE APPROVED

FORMAT: FOLKSTYLE, 7 MATCHES MINIMUM. ALL MATCHES 1- 1 ½ - 1 ½ MINUTE PERIODS. 12 TO 16 MATS AS NEEDED. POOL WRESTLING FOLLOWED BY 32 TEAM PRELIMINARY, THEN 8 TEAM CHAMPIONSHIP BRACKETS.

AWARDS: AAU CHAMPIONSHIP MEDALS FOR TEAM AND INDIVIDUALS
TEAM TROPHIES FOR 1ST THROUGH 8TH PLACE PLUS CONSOLATION BRACKET CHAMPIONS.

TEAMS: 20 WEIGHTS, 5 ALTERNATES, 3 COACHES, AND 2 WORKERS

WGTS: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 250

COST: \$800.00/ TEAM- DEPOSIT OF \$100.00 DUE BY FEB. 1, 2009- BALANCE OF \$700.00 DUE MARCH 15, 2009 - \$100.00 LATE FEE FOR DEPOSITS RECEIVED AFTER FEB. 1 OR BALANCE PAYMENTS MADE AFTER MARCH 15, 2009.

OFFICIALS: HS CERTIFIED OFFICIALS ONLY

DAILY ADMISSION \$15.00, 2 DAY PASS \$20.00 ADULTS/ \$10.00 KIDS 16 & UNDER

MORE INFORMATION: CONTACT LEE PAMULAK AT 515 961 6116 OR
E-MAIL AT: Lpamulak@aol.com

HOTEL INFORMATION: ROOMS ARE BLOCKED UNDER "AAU MIDDLE SCHOOL DUALS"
AT THE FOLLOWING WRESTLING FRIENDLY HOST HOTEL:
ADDITIONAL ALTERNATE HOTEL INFO WILL FOLLOW

HOLIDAY INN/AIRPORT
6111 FLEUR DR, DES MOINES, IOWA
515 287 2400
1 800 248 4013

A FULL SERVICE HOTEL WITH EASY ACCESS TO MAIN ROUTE TO INDIANOLA AND SIMPSON COLLEGE
*****MAKE YOUR RESERVATIONS PRIOR TO 3/15/09*****

HOSTED BY: SIMPSON COLLEGE, IOWA AAU WRESTLING, & INDIANOLA MAT TRIBE

2009 AAU MIDDLE SCHOOL DUALS

APRIL 18 & 19, 2009

SIMPSON COLLEGE INDIANOLA, IOWA

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

GENERAL INFORMATION

WEIGH IN: FRIDAY APRIL 17, 2009 5 – 8 PM SIMPSON COLLEGE, INDIANOLA, IA

ALL COMPETITORS HAVE UNTIL CLOSE OF WEIGH IN TO MAKE WEIGHT. **MUST MAKE SCRATCH WEIGHT. (NO SCALE ALLOWANCE)**

COMPETITION: ALL TEAMS WILL BE SEEDED IN 4 TEAM POOLS BASED ON PAST FINISH BY TEAM. FIRST TIME TEAMS WILL BE RANDOMLY SEEDED. (SIZE OF POOLS WILL BE SUBJECT TO ADJUSTMENT BASED ON TOTAL NUMBER OF TEAMS ENTERED). AFTER POOL WRESTLING TEAMS WILL BE SEEDED INTO PRELIMINARY BRACKET BASED ON POOL PERFORMANCE AND THEN ON POINT DIFFERENTIAL IN TEAM SCORES. POOL CHAMPIONS WILL RECEIVE TOP SEEDS FOLLOWED BY POINT DIFFERENCE SEEDING. BASED ON THE NUMBER OF TEAMS ENTERED TEAMS WILL THEN MOVE TO EITHER CHAMPIONSHIP OR CONSOLATION BRACKETS. EVERY TEAM SHOULD WRESTLE A MINIMUM OF 7 DUAL MEETS. EVERY EFFORT WILL BE MADE TO MAKE SURE ALL ALTERNATES GET AS MANY EXHIBITION MATCHES AS POSSIBLE.

AWARDS: TOP 8 TEAMS WILL RECEIVE TEAM AWARDS. CONSOLATION BRACKET CHAMPIONS WILL ALSO RECEIVE TEAM AWARDS. NATIONAL CHAMPIONSHIP INDIVIDUAL MEDALS WILL BE AWARDED TO TEAM MEMBERS AND INDIVIDUALS.

INDIVIDUAL MEDAL CRITERIA: MINIMUM 6 MATCHES WRESTLED: NO LOSSES – GOLD, 1 LOSS – SILVER, 2 LOSSES – BRONZE AND 3 LOSSES – COPPER.

ELIGIBILITY: ALL WRESTLERS MUST BE ENROLLED 6TH THROUGH 8TH GRADES AND NOT TURN 16 IN 2009 TO BE ELIGIBLE. COACHES PLEASE MAKE SURE YOU HAVE FOLLOWING INFORMATION AVAILABLE FOR YOUR TEAM MEMBERS AT THE TOURNAMENT:

- CURRENT AAU CARD (AVAILABLE ONLINE AT www.aausports.org)
- COPY OF BIRTH RECORDS
- COPY OF REPORT CARD OR SCHOOL GRADE CERTIFICATION (ON SCHOOL LETTERHEAD)
- E-MAIL APPROVAL OF OUT OF AAU DISTRICT/STATE TEAM MEMBERS

ONLY 3 TEAM MEMBERS CAN BE FROM ADJOINING DISTRICT (ASSOCIATION)

ALL TEAMS MUST MEET AAU NATIONAL GUIDELINES AS STATED IN THE AAU NATIONAL CODE AS WELL AS MEET BOTH THE GRADE AND AGE REQUIREMENTS FOR THIS NATIONAL CHAMPIONSHIP. YOUR 3 ATHLETES FROM OUTSIDE YOUR AAU DISTRICT MUST RESIDE IN AN ADJOINING AAU DISTRICT.

HERE ARE THE CODE GUIDELINES:

4.3 Membership and Residency.

4.3.1 Adult members will not be bound by residence requirements.

4.3.2 Youth members must register in the District of their bona fide residency, except as follows:

4.3.2.1 A youth member who resides in the county of one District that adjoins a county of another District and who attends a school located in the adjoining county will have the option of registering in either District.

4.3.2.2 A youth member subject to a written joint legal custody arrangement whose custodians reside in different Districts shall have the option of registering in either District.

4.3.2.3 A bona fide student at an educational institution may be considered a resident of the District in which the institution is located.

4.3.3 Persons living outside the U.S. may register in the closest District or with the District where the competition they are first participating in will take place. The respective National Sports Committee rules shall govern their participation in AAU competitions.

BYLAW 6. ELIGIBILITY

6.1 A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team sports a maximum of three (3) members may participate with a team in an adjoining District. [Team sports include baseball, basketball, field hockey, hockey, soccer, softball and volleyball.]

QUESTIONS: CALL LEE PAMULAK at 515 961 6116 or E-MAIL Lpamulak@aol.com



**2009 AAU MIDDLE SCHOOL DUALS
APRIL 18 & 19, 2009**

SIMPSON COLLEGE

INDIANOLA, IOWA

TEAM ENTRY FORM

**ENTRY FEE: \$800.00 IF DEPOSIT RECEIVED BY FEBRUARY 1, 2009
(\$100.00 DEPOSIT WILL RESERVE A SPOT FOR YOUR TEAM)
\$700.00 BALANCE DUE BY MARCH 15, 2009 or ADD \$100.00 LATE FEE.
ALL ENTRIES AFTER FEB. 1, 2009 WILL BE CHARGED \$900.00**

MAIL YOUR DEPOSIT NOW TO RESERVE A SPOT

TEAM NAME _____

AAU DISTRICT or STATE _____

CONTACT _____ **PHONE** _____

E-MAIL _____ **FAX** _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

MAIL TO: MSN DUALS

BOX 513

INDIANOLA, IA 50125

MAKE CHECKS PAYABLE TO: MSNDuals/IOWA AAU WRESTLING

MIDDLE SCHOOL NATIONAL DUALS 2009

INDIVIDUAL BIOGRAPHY

TEAM NAME _____

WEIGHT	NAME		RECORD & ACCOMPLISHMENTS
• 75	_____	-	_____
• 80	_____	-	_____
• 85	_____	-	_____
• 90	_____	-	_____
• 95	_____	-	_____
• 100	_____	-	_____
• 105	_____	-	_____
• 110	_____	-	_____
• 115	_____	-	_____
• 120	_____	-	_____
• 125	_____	-	_____
• 130	_____	-	_____
• 135	_____	-	_____
• 140	_____	-	_____
• 145	_____	-	_____
• 152	_____	-	_____
• 160	_____	-	_____
• 171	_____	-	_____
• 189	_____	-	_____
• HWT	_____	-	_____
(250 MAX)			

ALTERNATES

• _____	_____	-	_____
• _____	_____	-	_____
• _____	_____	-	_____
• _____	_____	-	_____
• _____	_____	-	_____

REMEMBER ALL BUT 3 WRESTLERS MUST RESIDE IN YOUR AAU DISTRICT

MIDDLE SCHOOL DUALS ROSTER

PLEASE SUBMIT BY 4-6-09

		TEAM NAME _____					RESIDENCE	
WEIGHT	NAME	GRADE	AGE	AAU#	COUNTY		STATE	
• 75	_____	-	-	-			-	
• 80	_____	-	-	-			-	
• 85	_____	-	-	-			-	
• 90	_____	-	-	-			-	
• 95	_____	-	-	-			-	
• 100	_____	-	-	-			-	
• 105	_____	-	-	-			-	
• 110	_____	-	-	-			-	
• 115	_____	-	-	-			-	
• 120	_____	-	-	-			-	
• 125	_____	-	-	-			-	
• 130	_____	-	-	-			-	
• 135	_____	-	-	-			-	
• 140	_____	-	-	-			-	
• 145	_____	-	-	-			-	
• 152	_____	-	-	-			-	
• 160	_____	-	-	-			-	
• 171	_____	-	-	-			-	
• 189	_____	-	-	-			-	
• HWT	_____	-	-	-			-	
(250 MAX)								
ALTERNATES								
•	_____	-	-	-			-	
•	_____	-	-	-			-	
•	_____	-	-	-			-	
•	_____	-	-	-			-	
•	_____	-	-	-			-	

20 WEIGHTS ---- 5 ALTERNATES ---- 3 COACHES ---- 2 WORKERS
REMEMBER ALL BUT 3 WRESTLERS MUST RESIDE IN YOUR AAU DISTRICT

COACHES _____